



# Trying to reduce car use?

**Tips for switching to public transport, cycling and walking**

# Public transport, walking and cycling are great ways to travel in Auckland.

Find out how to get started.

## Getting started with using Public Transport?

1. **Get a HOP card.** You can buy a HOP card [online](#) or [in person](#) at a HOP retailer.
2. **Download AT Mobile.** It's the easiest way to plan public transport journeys on the go.
3. **HOP on board and track your progress to the [7-Day \\$50 fare cap](#).**
4. **Forgot your HOP card?** Don't worry, you can still use [contactless payment](#).

Download  
AT Mobile  
to start  
planning  
your  
journeys



- 1 **I plan my cycle and public transport journey in AT Mobile and share it with my whānau** so that they know when I should get home.
- 2 **I track my bus, train and ferry, so I don't have to wait long.** I see where it is in real-time and check how many people are on board.
- 3 **I use the "GO" function in the app when I start my journey.** It notifies me when my stop or station is coming so I know to get off.
- 4 **I look for the frequent, [two-digit](#) buses where I can.** Over 40 routes operate at least every 15 minutes, 7 days a week, like the 18 or 95.
- 5 **We make the most of free weekend travel for under 16-year-olds** and the students get their [40% concession](#) for weekday travel. Under 5s travel free all week.
- 6 **I get my bike ready to ride by visiting my [local bike hub](#)** to get advice and free repairs.
- 7 **I take my wheels on for free.** Bikes, prams and scooters can travel free on trains and ferries.